

Sunday <u>9/29/2024</u>	Monday <u>9/30/2024</u>	Tuesday <u>10/1/2024</u>	Wednesday <u>10/2/2024</u>	Thursday <u>10/3/2024</u>	Friday <u>10/4/2024</u>	Saturday <u>10/5/2024</u>
<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Cream of Tomato Soup Grilled Cheese Sandwich Potato Chips Peaches</p> <p><u>Dinner</u> Lemon Chicken Breast Orzo Pasta Cauliflower w/ Red Peppers Roll Pineapple Angel Foodcake</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Beef Barley Soup Chicken Salad Plate Carrot sticks w/ Ranch Honeydew Melon</p> <p><u>Dinner</u> Parmesan Baked Cod Rotini Pasta Green Beans Roll Raspberry Sorbet</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Lentil Soup Beef Marzetti Tossed Salad Fruit Cocktail</p> <p><u>Dinner</u> Fried Chicken Mashed Potatoes & Gravy Capri Vegetables Vanilla Pudding</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Minestrone Soup Crab Cakes Potato Wedges Apple Slaw Pineapple Chunks</p> <p><u>Dinner</u> Roast Turkey Breast Bread Stuffing Asparagus Cherry Tart W/ Topping</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Cream of Potato Soup Turkey & Swiss Cheese Sandwich Pasta Salad Strawberries</p> <p><u>Dinner</u> BBQ Pork Chop Twice Baked Potato Corn Calico Apricot Cobbler</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Country Vegetable Soup Beef French Dip French Fries Watermelon</p> <p><u>Dinner</u> Blackberry Chicken Breast Rice Pilaf Mixed Vegetables Brownie</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Tomato Basil Soup Chicken Enchilada Casserole Spanish rice Corn & Black Bean salad Peaches</p> <p><u>Dinner</u> Country Steak Mashed Potatoes & Gravy Broccoli Roll Oatmeal Cookies</p>

Sunday <u>10/6/2024</u>	Monday <u>10/7/2024</u>	Tuesday <u>10/8/2024</u>	Wednesday <u>10/9/2024</u>	Thursday <u>10/10/2024</u>	Friday <u>10/11/2024</u>	Saturday <u>10/12/2024</u>
<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Cream of Mushroom Soup Turkey Hash Green Beans Roll Pears W/ blueberries</p> <p><u>Dinner</u> Lasagna Spinach Roll Peach Cake</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Chicken Noodle Soup Stuffed Pepper Mashed Potatoes Mandarin Oranges</p> <p><u>Dinner</u> Rib Macaroni & Cheese Corn Chocolate Pudding</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Split Pea & Ham Soup Chicken, Feta & Orange Salad Roll Pears</p> <p><u>Dinner</u> Meatloaf Mashed Potatoes & Gravy Green Beans Berry Crisp</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Cream of Asparagus Soup Cheeseburger (Lettuce, Tomato) Sweet Potato Fries Strawberry Rhubarb Pie</p> <p><u>Dinner</u> BBQ Pineapple Chicken Rice Pilaf Mixed Vegetables Roll Caramel Cake</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Broccoli Cheese Soup Pulled Pork Sandwich Pasta Salad Peaches</p> <p><u>Dinner</u> Beef Stroganoff Egg Noodles Peas Roll Lemon Bar</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Cabbage Soup Fish & Chips Coleslaw Banana</p> <p><u>Dinner</u> Pork Loin Corn Pilaf Sicilian Vegetables Ice Cream</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> French Onion Soup Pepperoni Pizza Salad Cantaloupe</p> <p><u>Dinner</u> Beef Brisket Au Gratin Potatoes Carrots Chipmunk Bar</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>10/13/2024</u>	<u>10/14/2024</u>	<u>10/15/2024</u>	<u>10/16/2024</u>	<u>10/17/2024</u>	<u>10/18/2024</u>	<u>10/19/2024</u>
<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Meatball Soup Chef Salad (Ham, Cheese, Egg, Tomato) Roll Whipped Jell-O</p> <p><u>Dinner</u> Pollock Fish Potato Cakes Asparagus Banana Pudding</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Black Bean Soup Beef & Broccoli White Rice Peas Honeydew</p> <p><u>Dinner</u> Chicken Parmesan Spaghetti Mixed Vegetables Cherry Cobbler</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Beef Noodle Soup BLT Sandwich Sweet Potato Fries Strawberry Applesauce</p> <p><u>Dinner</u> Crispy Pork Loin Roasted Red Potatoes Broccoli Cheesecake</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Vegetable Soup Tuna Noodle Casserole Squash Pears</p> <p><u>Dinner</u> Chicken Marsala Scalloped Potatoes Carrots Chocolate Ice Cream</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Corn Chowder Chicken Pesto Sandwich Pasta Salad White Chocolate Cookie</p> <p><u>Dinner</u> Beef Tips White rice Vegetables Chocolate Chip Cookie</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Chicken Tortilla Soup Beef Taco Pinto Beans Mexican Corn Banana</p> <p><u>Dinner</u> Pork Chop in Mushroom Sauce Mashed Potatoes Asparagus Rocky Road Brownie</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Red Pepper Soup Chicken Sandwich Potato Wedges Watermelon</p> <p><u>Dinner</u> Chicken Breast Supreme Rice Pilaf Spinach Butterscotch Pudding</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>10/20/2024</u>	<u>10/21/2024</u>	<u>10/22/2024</u>	<u>10/23/2024</u>	<u>10/24/2024</u>	<u>10/25/2024</u>	<u>10/26/2024</u>
<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Chicken & Rice Soup Swedish Meatballs Egg Noodles Carrots Peaches</p> <p><u>Dinner</u> Garlic Shrimp Orzo Pasta Capri Vegetables Angel Food Cake W/ topping</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Clam Chowder Grilled Ham & Cheese Sandwich Coleslaw Tropical Fruit</p> <p><u>Dinner</u> Turkey Cutlet Wild Rice Asparagus Roll Lemon Cookies</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Pasta Fagioli Pollock Fish French Fries Orange & Spinach Salad Pears</p> <p><u>Dinner</u> Glazed Pork Loin Roasted red Potatoes Mixed Vegetables Carrot Cake</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Florentine Vegetable Soup Chicken & Dumplings Green Beans Cantaloupe</p> <p><u>Dinner</u> Beef Burgundy Egg Noodles Corn Peach Crisp</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Potato Bacon Soup Combo Pizza Salad Breadstick Pineapple Chunks</p> <p><u>Dinner</u> Fried Chicken Mashed Potatoes W Gravy Zucchini Parmesan Cheese Biscuit Chocolate Mousse</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Ham & Bean Soup Chicken Salad Plate Tomato, Onion & Cucumber Salad Peaches</p> <p><u>Dinner</u> Teriyaki Salmon White Rice Peas Egg Roll Orange Sherbet</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Beef Taco Soup Chicken Quesadilla Refried Beans Strawberries</p> <p><u>Dinner</u> Pork Chop Roasted Red Potatoes Broccoli Roll Cookie</p>

Sunday <u>10/27/2024</u>	Monday <u>10/28/2024</u>	Tuesday <u>10/29/2024</u>	Wednesday <u>10/30/2024</u>	Thursday <u>10/31/2024</u>	Friday <u>11/1/2024</u>	Saturday <u>11/2/2024</u>
<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Mushroom Barley Soup Sweet and Sour Chicken Rice Peas Banana Cream Pie</p> <p><u>Dinner</u> Lasagna Sicilian Vegetables Roll Almond Cookies</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Lentil & Ham Soup Southwestern Turkey Wrap Chips Mandarin Oranges</p> <p><u>Dinner</u> Baked Chicken Breast Macaroni & Cheese Okra Chocolate Pudding</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Carrot Soup BBQ Riblette on Bun Corn Calico Pears</p> <p><u>Dinner</u> Steak W/ Mushroom Gravy Mashed Potatoes Carrots Roll Strawberry Crisp</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Tuscan Bean & Sausage Soup Manicotti W/ Sauce Squash Breadstick Strawberries & Peaches</p> <p><u>Dinner</u> Pork Chops Potato Cakes Zucchini Roll Caramel Cake</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Beef Barley Soup Tuna Salad Plate Pasta Salad Cookie</p> <p><u>Dinner</u> Cheese Baked Potato Broccoli Roll Lemon Pie</p> <p>Happy Halloween</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Vegetable Soup Tater Tot Casserole Brussels Sprouts Roll Banana</p> <p><u>Dinner</u> Chicken Fricassee Corn Pilaf Squash Ice Cream</p>	<p><u>Breakfast</u> Continental Breakfast Fresh Fruit & Yogurt Assorted Muffin, Danish or Donut Cold & Hot Cereal Bagels & Toast</p> <p><u>Lunch</u> Red Pepper Soup Chicken Fettuccine Alfredo Broccoli Breadstick Cantaloupe</p> <p><u>Dinner</u> Country Fried Steak Au Gratin Potatoes Green Beans Chipmunk Bar</p>